

Cook Park News

COOK PARK NEIGHBORHOOD ASSOCIATION

www.cookparkneighborhood.com

Get Your 4th of July Neighborhood Groove On

Kids & Families Celebrate at the 4th of July at Cook Park Neighborhood Bike Parade & Picnic



You don't have to travel far to celebrate Independence Day in Denver. Join your neighbors at the 3rd Annual Cook Park Neighborhood bike parade and picnic, Sunday the 4th of July.

This year's event is generously supported and sponsored by Addison Automotive and Basil Doc Pizza. Kids! You're challenged to decorate your bikes (over the top) and come out to join the parade.

Families! Pack your favorite picnic taste treats and gather at Cook Park for pizza provided by Basil Docs Pizza and gather at the park to listen

to music, enjoy your park and friends and watch amazing BMX extreme bike stunt demonstrations by Yellow Designs. Since its inception in 2008 the 4th of July Bike Parade event participation has tripled in size thanks to promoter and organizer Jennifer Hallam, Cook Park resident. Come one, come all: Decorate your bikes, load your kids

in their strollers, put the leashes on your dogs and join your neighbors for this fun event as we're escorted around the parade route by a police car and fire truck. Come meet your Cook Park Neighbors to enjoy your community and local park to get your July 4th groove on! You won't be disappointed. It's good old fashioned July 4th FUN!

**CPNA
meets the 3rd
Tuesday of
every month
at 5p in the
Rec Center**

Cook Park Neighborhood Sale

**Saturday,
June 19th**

8a.m.-2p.m.

details inside

2010 Officers and Directors

President – Becca Reidy
(association@cookparkneighborhood.com)
Treasurer – Ray Vreeland
Secretary - Mary Walsh t: 303.589.1981
Webmaster - Jani Duncan Smith
Advertising Director - Nancy Barlow

Parade time: **Gather at 10:00 am, Sunday July 4th at the corner of Krameria and Mexico Avenue.** The parade route will be determined by Jennifer, Event Organizer. **Immediately following the parade: Gather at the rugby field to enjoy your 4th of July with live music, picnic fun, BMX stunts and more.** Bring your coolers, frisbees, games and folding chairs as the celebration continues! For questions contact Jennifer Hallam at hallamfarm@q.com.

Please support your local businesses that have generously sponsored this event. Addison Automotive and Basil Doc Pizza.

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Swim for FREE!

City of Denver and Kaiser Permanente join forces to waive fees at recreation centers and swimming pools — Mayor John Hickenlooper and Kaiser Permanente President Donna Lynne announced today that through a generous \$150,000 grant from Kaiser Permanente, Denver youth will once again have free access to City recreation centers and swimming this summer.

Open to Denver youth ages 17 and younger, recreation centers and pools will be free from June 4 through Aug. 15. This is the second year that Kaiser Permanente has supported the free summer recreation program. Standard fees will continue to apply for programs and activities that typically are offered at an additional charge.

“We have seen the positive impact of giving our kids a place to go for the summer,” Mayor Hickenlooper said. “We are fortunate to have a great community partner like Kaiser Permanente to make having a fun a priority for Denver youth.”

“In this tough economy, parents can’t always afford to send their kids to the pool. By supporting the free admission program, we’re giving all Denver children the opportunity to be active and enjoy the outdoors,” said Donna Lynne, DrPH, President, Kaiser Permanente Colorado. “This program demonstrates Kaiser Permanente’s commitment to making the healthy choice, the easy choice for our children and we’re proud to support it.”

Over the past two years, more than 162,000 kids have taken advantage of the free summer pools and recreation. Some centers experienced a 200 percent increases in users.

“As always, we have some great programs and events planned for this summer,” said Kevin Patterson, Manager of Denver Parks and Recreation. “Serving Denver residents, and especially Denver youth, is what we do and who we are. We are grateful to Kaiser Permanente for allowing us to do more of it.”

Area recreation centers offer a variety of summer activities, including open swim, basketball, game room and a Food Bank of the Rockies program that offers free food for families. Programs available for a nominal fee include Hoopin’ with Hickenlooper, baseball, t-ball, volleyball and swim lessons.

Cook Park Neighborhood Sale Saturday, June 19th, 2010 8 a.m. to 2 p.m.

The Cook Park Neighborhood Sale is a very popular event held every June, courtesy of the Cook Park Neighborhood Association (CPNA). We encourage anyone who is considering having a garage or yard sale this summer to have it on Saturday, June 19th from 8 a.m. to 2 p.m.

CPNA advertises the sale extensively using signs, flyers, websites and in newspaper ads. In addition, this newsletter is hand delivered to all 1,400 homes in the area.

CPNA also compiles a walking tour map of all sale addresses, along with brief description of what is being sold. This map will be available free of charge on our website (cookparkneighborhood.com) and at the Cook Park Recreation Center starting on Thursday, June 17th.

Sign up to have your sale on the walking tour map—it’s free!

There are three ways to sign up:

- ❖ Complete the form located inside the registration box at the Cook Park Recreation Center, or
- ❖ Email your name, address, phone number and a brief description of sale items to: association@cookparkneighborhood.com, or
- ❖ Call Mary Walsh at 303.589.1981. You will need to give your name, address, phone number and a brief description of sale items.

All registrations must be received by June 12th to be included on the walking tour map. Names, phone numbers and email address information is for CPNA use only and will not be published on the map.

Even if you’re not hosting a sale, mark your calendars! This is a great way to explore your neighborhood and find hidden treasures!

Build a Better Cook Park Neighborhood

Would you like to volunteer your time and expertise to better our neighborhood? We are organizing a group of business owners and residents to discuss issues and solutions for the Cook Park area. TC Clark, owner of Milo’s Tavern is spearheading this group and is passionate about engaging our community for a common and powerful goal. His hope is to utilize both residents and merchants to pool valuable and experienced resources to better our neighborhood and create a collective voice. TC would like to hear your ideas and needs your support to formulate a starting point. If you have any interest or questions, please feel free to contact TC Clark at 303.691.3391 or email him at milostvrn@gmail.com

For happenings in our neighborhood visit:

www.cookparkneighborhood.com

Bocce Ball Anyone?

Courts available at Potenza Park

This ancient game, whose modern adaptation most closely resembles bowling, requires skill, strategy and just a little luck. Bocce is a great game to play outside on a beautiful day. For those of you that are Bocce enthusiasts did you know that you may reserve courts at Potenza Park, on the corner of Holly and Cherry Creek South Drive?

The early Romans were among the first to play a game resembling what we know as bocce today. They used coconuts brought back from Africa and later used hard olive wood to carve out bocce balls. Beginning with Emperor Augustus, bocce became the sport of statesman and rulers. From the early Greek physician Ipcrates to the great Italian Renaissance man Galileo, the early participants of bocce have noted that the game's athleticism and spirit of competition rejuvenates the body.

And for those that would like to learn the sport here's a beginners guide to the steps you take to play this ancient sport:

Step 1: Find a flat, level playing surface (packed dirt, gravel or grass are ideal). A regulation bocce court is 76 feet long and 10 feet wide.

Step 2: Divide players into two teams of one, two or four players each. Each team gets four balls, divided equally among the players.

Step 3: Have a player from the starting team stand behind the foul line (which is 10 feet from the throwing end of the court) and throw the small ball, or "pallina," toward the opposite end of the playing surface.

Step 4: Let the player then throw one of the larger balls, or "boccia," trying to get it as close to the pallina as possible without touching it.

Step 5: Have players from the opposing team take turns throwing their balls until one of the balls stops closer to the pallina than the starting player's ball. If they fail to do so, the starting team tries to outdo its first attempt.

Step 6: Let the starting players take their second turn if the opposing team gets closer to the pallina than the starting team without using all of their balls.

Step 7: Continue in this fashion until all eight balls have been thrown. The team with the closest ball gets one point for each of its balls that are closer to the pallina than the other team's closest ball.

Step 8: Keep in mind that if the two teams' closest balls are an equal distance from the pallina, no points are awarded.

Step 9: End the frame after all eight balls have been thrown and appropriate points have been awarded. The scoring team begins the next frame. If no team previously scored, the team that threw the pallina last begins the next frame.



>> Swim for Free continued

Free summer recreation complements the My Place program launched in 2008. This program gives Denver Public Schools students attending elementary and middle school where 75 percent or more students receive free and/or reduced lunch the opportunity for a free one-year membership to their neighborhood recreation center. In 2008 and 2009, more than 13,000 kids took advantage of that program.

Cook Park Rec Center Summer Hours:

Gym:

Monday-Friday 8:00am—6:45pm

Saturday 9:00am—12:45pm

Closed on Sundays

Pool:

Monday-Friday 8:00am—6:45pm

Saturday 9:00am—12:45pm

Closed on Sundays

Dog Park Update

"The Dog Park Master Planning process identified the Cook Park area of the City as one area in need of dog park facilities. Though Cook Park was floated as a potential site to fulfill needs in this part of the City, there has been no final determination as to whether or not Cook Park is in fact the most appropriate location in this part of the City.

Top priorities recommended as a part of the master planning effort include upgrading Denver's existing facilities before adding new facilities. We would like to continue conversations with your neighborhood organization in the future as needs are prioritized for future facilities."

David Marquardt
Senior Planner, Denver Parks

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Contact CPNA at
association@cookparkneighborhood.com

Cook Park News

COOK PARK NEIGHBORHOOD ASSOCIATION

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Come Celebrate National Night Out at Cook Park on August 3rd


Communities all across America have embraced National Night Out since 1984

While the traditional 'lights on' and front porch vigils remain a part of NNO, activities have expanded considerably over the years to include block parties, cookouts, parades, visits from police, festivals, neighborhood walks, safety fairs, contests, rallies and meetings.

National Night Out was conceived in an effort to heighten awareness and strengthen participation in local anticrime efforts; Founder Matt Peskin felt that a high profile, high-impact type of crime prevention event was needed nationally. At that time, he noted that in a typical 'crime watch community', only 5 to 7% of the residents were participating actively. Due to the growth and success of these programs, he felt this percentage was too low. Subsequently, he proposed a national program which would be coordinated by local crime prevention agencies and organizations - but that would involve entire communities at one time. The first National Night Out was introduced early in 1984 - with the event culminating on the first Tuesday in August.


That first year, 400 communities in 23 states participated in National Night Out. Nationwide, 2.5 million Americans took part in 1984. The seed had been planted. In subsequent years, participation has grown steadily. The 24th Annual National Night Out last August involved 35.4 million people in 11,310 communities from all 50 states, U.S. territories, Canadian cities, and military bases worldwide. National Night Out 2008 will culminate on August 5th. Over 12,000 communities are expected to take part.

Join your neighbors on **Tuesday August 3rd at Cook Park beginning at 7:00pm.** There will be **live music and free ice cream** for all residents co-sponsored by the Cook Park and Virginia Village Neighborhood Associations.



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